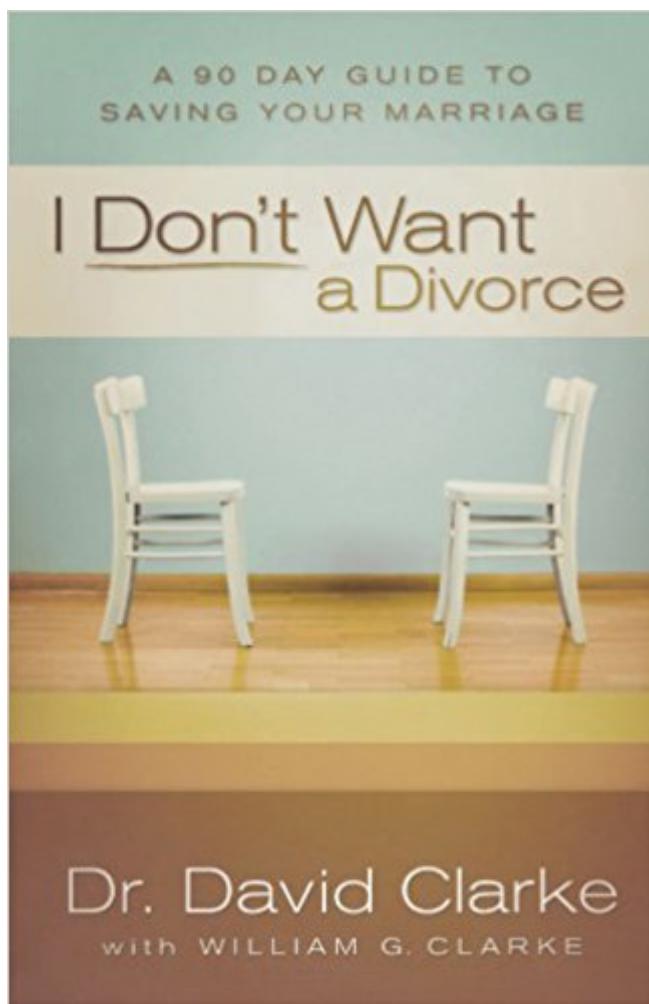


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# I Don't Want A Divorce: A 90 Day Guide To Saving Your Marriage



## **Synopsis**

What could be good about a bad marriage? The good news is, you can get beyond that old marriage and its destructive habits, and build a brand-new one with the same spouse. And you can do it in just 90 days, even if only one spouse is committed to change. Thousands of couples in marriages that are on the brink will never enter a therapist's office, and for others it's too late by the time they do agree to come. But for more than 20 years, David Clarke has seen marriages turn around in just 12 weeks. Here he takes his 90-day plan and presents it using humor, Scripture, and personal stories to help couples turn difficult marriages into great ones. Whether the issue is communication, the kids, negative attitudes, or even serious sin, Clarke's personalized approach will put readers on the road to a great marriage.

## **Book Information**

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## **Customer Reviews**

You can save your marriageWhat could be good about a bad marriage? The good news is that you can get beyond that old marriage and its destructive habits and build a brand-new one with the same spouse. And you can do it in just 90 days, even if only one spouse is committed to change.Thousands of couples in marriages that are on the brink will never enter a therapist's office--and for others it's too late by the time they do agree to come. But for more than 20 years, Dr. David Clarke has seen marriages turn around in just 12 weeks. Now, with humor, Scripture, and personal stories, he shares his 90-day plan with you to help you turn a difficult marriage into a great one. Whether the issue is communication, the kids, negative attitudes, or even serious sin, Clarke's personalized approach will put you on the road to a great marriage.Dr. David Clarke is a Christian

psychologist, a speaker, and the author of eight books, including *Kiss Me Like You Mean It*. A graduate of Dallas Theological Seminary and Western Conservative Baptist Seminary, he has been in full-time private practice for over 20 years. He lives in Florida with his wife, Sandy, and their four children. William G. Clarke has been a marriage and family therapist for over 30 years. A former Campus Crusade for Christ director and founder of the Marriage and Family Enrichment Center, he lives in Florida with his wife, Kathleen.

Dr. David Clarke is a Christian psychologist, speaker, and the author of seven books, including *Kiss Me Like You Mean It*. A graduate of Dallas Theological Seminary and Western Conservative Baptist Seminary, he has been in full-time private practice for over 20 years. He lives in Florida. William G. Clarke has been a marriage and family therapist for over 30 years. A former Campus Crusade for Christ director and founder of the Marriage and Family Enrichment Center, he lives in Florida.

One of THE most powerful books I have read on the topic of marriage restoration. Period. It is structured as a 90-day intensive therapy session, that will help anyone going thru marriage problems. If its not too late for you, I highly recommend that you stop what you're doing, and pick this book up! Do the lessons, and work out your issues before its too late. You won't regret it. This book is directed primarily to the believer, but anyone can use it-its down-to-earth, and very practical. The title says it all.

An excellent book. I would love to receive in-person marital counseling from the author. My wife and I are going through the 90 day course right now. I can see and feel significant positive changes in our relationship and we aren't even a quarter of the way through the program. The couples devotional that he recommends using for couples time is also very helpful. Really makes me wish that we had sought out premarital counseling. Highly recommended!

This book changed my life and my marriage. One of the most important things I took away was to communicate better, which seems like a no-brainer but the book really lit a light bulb. I now tell my husband how I appreciate him every day and realize that we're two different people and that requires me to communicate differently to him than how I would like someone to communicate to me. I know I'm not making the best case for this book, but it really opened my eyes and our marriage has improved markedly.

Excellent advice from someone who has a real intimate understanding of real life human interactions in divorce situations.

This book was an eye opener to the hardships my marriage was experiencing and gave tools on how to fix it.

As a (retired) marital therapist and husband of over 38 years, I view the content of this book as sound both psychologically and theologically. I agree with the author that even if the reader is not a Christian, he/she can benefit from applying the principles outlined throughout the book. My primary concern is that I wonder how many individuals and couples are spiritually and emotionally capable of navigating the prescribed exercises without the assistance of a therapist or discerning pastor. Also, I don't know what research supports this approach. In any event, this book provides a model for dealing with marital problems ranging from mild to severe. I particularly admire the author's stance on holding spouses who have committed "serious sins" which have severely impacted the marriage (e.g. adultery, addiction related behaviors) accountable in a highly structured way. Many marital self-help books and marital therapy textbooks have exercises designed to enhance caring behaviors, conflict resolution skills, and so on. In comparison, I'd say the exercises in this book - some are better than others - are overall worthwhile. Most of the sample written exercises reflected emotional maturity and insight which I suspect few people exhibit in the midst of marital turmoil. If you're not able to work through the marital issues outlined by Dr. Clarke on your own, again, consider enlisting the aid of a competent helping professional who shares your values. In turn, that professional would likely be comfortable with the basic approach outlined in this book, though he/she may not choose to adhere strictly to the book's approach.

This is a pretty intense approach but worth it. However, I feel it would be more effective with the help of a counselor's help.

I really appreciate that this book gets at the heart of what are the root causes of issues in marriages. It's not just general advice but a step-by-step biblical based plan to address the problems. I haven't started using this book yet but foresee it being a great compliment to use along with in-person counseling sessions.

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